













# Sustaining Rural Communities National Conference Narrabri 2010 HEALTH OF RURAL COMMUNITIES AND FARMING FAMILIES

Clinical Assoc Prof Susan Brumby Director National Centre for Farmer Health, Hamilton 03 5551 8533



#### The median age of farmers in Australia is?

- 1.45
- 2. 56
- 3.61
- 4. 51
- 5.65



# What is the number of farming families (reference person and or spouse or partner) whose main occupation was farming in 2006?

- 1. 318,400
- 2. 400,300
- 3. 102,600
- 4. 212,700



#### What proportion of farmers are under 35 years of age?

- 1. 10%
- 2. 14%
- 3. 19%
- 4. 24%
- 5. 30%



## In 1893 women working or contributing to farm work were removed from the census.

- True
- False

Ref: ABS 2006 1384.6 Statistics



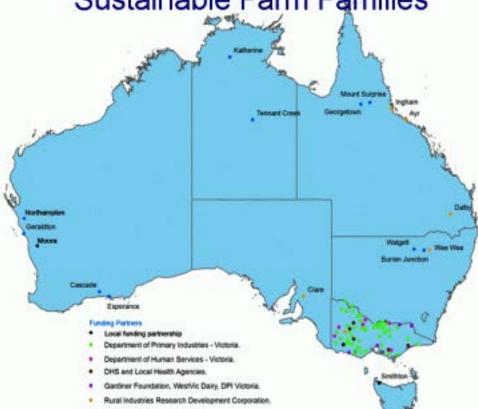
#### Approximately one child dies every month on Australian farms?

- True
- 2. False





Sustainable Farm Families



Department of Health and Ageing.



#### Sustainable Farm Families

- > Better health
- > Better business
- > Better understanding





#### **Current health issues**

- Agricultural accidents
- Disasters, disaster responses
- Medical emergencies
- Zoonoses
- Skin complaints
- Musculoskeletal disorders
- Chemical pesticide exposures

- Depression and suicide
- Stress and anxiety
- Domestic violence
- Drug and alcohol abuse
- Respiratory diseases
- Cardiovascular disease
- Cancers
- Diabetes
- · Hearing disorders

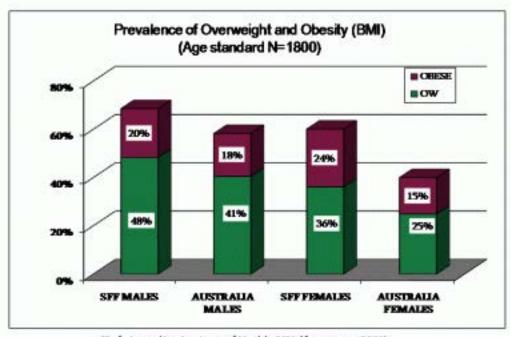
Compounded by reduced access to health and social services



#### Linking farm business and health conditions

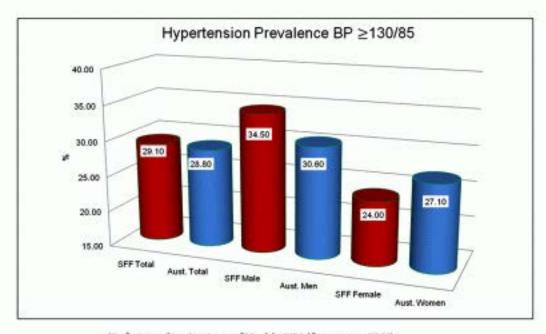






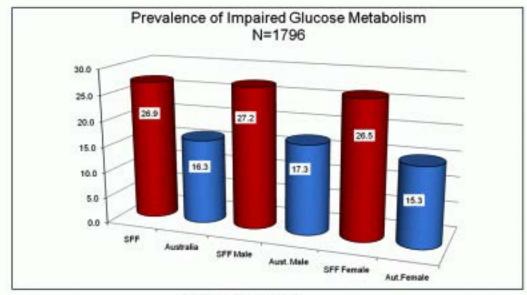
(Ref. Australian Institute of Health &Welfare report 2008)





(Ref. Australian Institute of Health &Welfare report 2008)

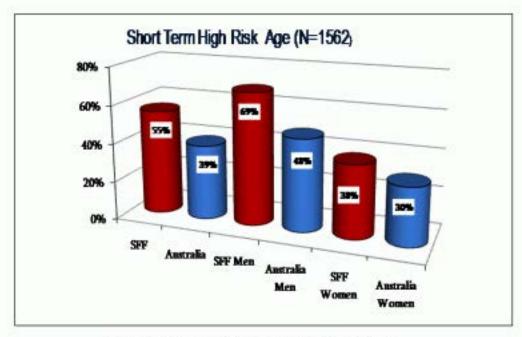




IGT ≥5.5 mmol/L (Ref. Australian Institute of Health &Welfare report 2008)







(Ref. Australian Institute of Health &Welfare Report 2008)



### Has SFF prompted you to think differently about managing work on the farm? (n=422)





#### Health challenges / opportunities





COAG's National Reform Agenda-human capital-health.

" A healthy, skilled and motivated population is critical to workforce participation and productivity, and hence Australia's future living standards.."

Presented by Mr. Peter Allen. Under Secretary, portfolio services & Strategic Projects



#### National Centre for Farmer Health Inaugural Conference

'Opening the Gates on Farmer Health'

11-13 October 2010 Hamilton, Victoria

For more details visit www.farmerhealth.org.au